

**FREE!**

*live healthy*  
GWINNETT



WALK THE TALK

# Heart Health

**FEBRUARY 16 | 9:00AM - 10:00AM**  
**ALEXANDER PARK**  
**800 OLD SNELLVILLE HIGHWAY, LAWRENCEVILLE**

Did you know Heart Disease is the leading cause of death for men and women in the United States? Join Dr. Martin Siegfried from the CardioVascular Group for a walk around the park and learn about how Heart Disease can often be prevented when people make healthy choices and manage their health conditions.

[www.livehealthygwinnett.com](http://www.livehealthygwinnett.com) • 770.822.3197