



Free! All Ages
Saturdays
8:00am – 9:00am

Hit the trail, get moving, and get informed! Take a walk with knowledgeable health professionals.

July 8

Rhodes Jordan Park, Lawrenceville

National Park & Recreation Month
with Gwinnett Parks and Recreation

August 12

Bethesda Park, Lawrenceville

Breastfeeding Awareness
with Children's Healthcare of Atlanta S4L

September 9

Lenora Park, Snellville

Food Safety Month
with UGA Extension Gwinnett

October 28

Alexander Park, Lawrenceville

Breast Cancer Awareness
with Northside Gwinnett

November 11

George Pierce Park, Suwanee

Diabetes Awareness
with Diabetes You Can Win

December 9

Shorty Howell Park, Duluth

Holiday Stress & Emotional Eating
with Piedmont Eastside

770.822.3197

LiveHealthyGwinnett.com

